EST. 1981

FRONT RUNNERS & WALKERS SAN DIEGO

Front Runners & Walkers San Diego
P.O. Box 3633
San Diego, CA 92163
(858) 413-7973
info@frwsd.org
frwsd.org
facebook/frwsd

Background

Front Runners & Walkers San Diego (FR&WSD) was formed in 1981 and is one of over 100 Front Runner clubs worldwide. The club name comes from Patricia Nell Warren's 1974 novel The Front Runner, about a gay coach and his star athlete.

Our group's primary focus is to provide running and walking activities for lesbians, gay men, and their non-gay family members and friends. We welcome runners and walkers of all abilities, from beginners to experienced athletes.

Activities

We meet every Saturday rain or shine, at 8:00 am at the southeast corner of Sixth and Laurel in Balboa Park. Evening runs and walks start at 6:00 pm on Mondays and Wednesdays at the same location. The Saturday event includes announcements, guided stretching, and a selection of running and walking routes ranging from one to six miles. Afterwards, we share juice, water, and socializing. Many opt to go to breakfast together (and to dinner after the weekday runs).

Every July FR&WSD kicks off San Diego's Pride Parade by hosting a 5K Run along the parade route. The event raises money for LGBTQ charities and is one of the biggest Pride Runs in the US.

Membership

Although you do not have to be a member to run or walk with us, Front Runners & Walkers San Diego membership offers many benefits, including a Membership Directory, access to the Members-Only page on our website, discounts with affiliated partners, discounts on Pride Run and affiliation with USA Track & Field and International Front Runners.

Privacy

We recognize the varying degrees of personal privacy and discretion needed by our members. Members who desire no mailings and no listing in the Directory may indicate this on the membership application.

Membership Waiver

I am aware that my participation in the sport of running and walking is potentially hazardous and carries with it the risk of injury. I hereby freely assume all associated risks of participating in activities organized by Front Runners and Walkers San Diego or its members. In consideration of joining Front Runners and Walkers San Diego and participating in the clubs runs and events, I, for myself and anyone entitled to act on my behalf, do hereby waive and release Front Runners and Walkers San Diego from any liabilities of any kind arising from injuries, illness, and damages I may suffer as a result of my participation in club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I am also aware that through participation in events with Front Runners and Walkers San Diego I may be photographed or filmed and that these images or videos may be displayed publicly through social or print media.

I have read and agree to the above waivers and disclaimers.

Signature Member 1:_____ Date:_____

Signature Member 2:_____ Date:_____

Join for the 2020-2021 Membership Year

Front Runners & Walkers San Diego
Membership Application & Directory Information

Date: _____

Check one below:

☐ New membership ☐ Renewal of membership

Annual Membership Oct. 2020 – Sept. 2021

Individual membership: **$25.00** = $ _____
(complete section ❶ below)

Household membership: **$40.00** = $ _____
(complete section ❶ and ❷ below)

Donation…… = $_____

Total enclosed …… = $ 0

Please make check payable to "FR&WSD" and send to: P.O. Box 3633, San Diego, CA 92163. Thank you.

❶

Name: _____

Gender ☐ Female ☐ Male ☐ Nonbinary

Street address: _____

City, State, ZIP: _____

☐ No, do not include a listing in the directory.
☐ No, do not send mail to this street address.

Telephone: _____

Birthday (mm/dd): _____

E-mail: _____

Interests: ☐ Walker ☐ ½ Marathon ☐ Triathlon ☐ 5k / 10k ☐ Marathon ☐ Trail Runs

❷

Name: _____

Gender ☐ Female ☐ Male ☐ Nonbinary

Telephone: _____

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PRINT RESET